

**SADHU VASWANI COLLEGE OF NURSING
MEDICAL SURGICAL NURSING DEPARTMENT
NATIONAL SERVICE SCHEME
WHO DAY CELEBRATION**

10th April 2023.

- * HOD MSN Dept: Mrs. Ujjwala Murkute**
- *NSS assistant Officer: Ms. Namrata Khandagle**
- *Venue: - Sadhu Vaswani College of Nursing, Pune.**

7th April is **celebrated as the 'World Health Day'**. The department of Medical Surgical Nursing and NSS Unit of Sadhu Vaswani College of Nursing, Pune organized the WHO Day programme on 10th April, 2023 at 9.00 a.m. at Sanctuary hall, 1st floor Sadhu Vaswani College of Nursing, Pune.

The theme for this year's program announced by WHO was: **'#HEALTH FOR ALL #WHO75'**.

Programme started with a welcome speech by anchor for the programme, Ms Anuradha Netake, Ms. Kajal Gaikwad . They welcomed the Principal, teachers and students. They talked about the WHO day, its significance and activities carried out by WHO for last 75 years.

The theme inauguration was done by the Dr. Sripriya Gopalkrishnan Principal, Dr. Manisha Kadam, Vice Principal and Mrs. Ujjwala Murkute, HOD of Medical Surgical Nursing Department. The PowerPoint presentation on theme was done by FYMSc Nursing student, Ms. Reshma Gawande and FYPBBS Nursing student, Ms. Pallavi Patekar. This year WHO day celebration was so special as WHO is celebrating its 75th birthday so the theme for this year is **'#HEALTH FOR ALL #WHO75'**.

Role play was conducted by the Final year BSc Nursing student on Cardiopulmonary Resuscitation. A very informative and interesting quiz competition based on current health issues was conducted for all the students by Mrs. Ujjwala Murkute. Students took active participation in the competition and enjoyed it.

Then Principal of Sadhu Vaswani college of Nursing addressed all the students and focused on the current health issues in India and nurses role in the prevention of diseases and promotion of health. The programme ended with vote of Thanks given by FYPBBS Nursing student Ms. Ashwini Kore.

After the programme healthy snack 'groundnut Chikki' was distributed among all the students and staff.





N. Vaswani

SIGN OF PROGRAMME OFFICER

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yjwale

SIGN OF HOD MEDICAL SURGICAL NURSING

HOD (Medical Surgical Nursing)
 Sadhu Vaswani College of Nursing

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 11/4/23

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SADHU VASWANI COLLEGE OF NURSING
NATIONAL SERVICE SCHEME

• REPORT ON INTERNATIONAL MIDWIVES DAY 2023 5TH MAY

- **NSS Officer I/C** : Mrs. Namita Patak
- **NSS assistant officer** : Ms. Namrata Khandagle
- **Venue** : B.J Medical College and Sassoon General Hospital
- **Date** : 2023 5TH MAY
- **Faculty accompanied** : Dr Manisha Kadam, Mrs. Jasmin Jesy, Mrs, Nandita Devi, Ms.
• Namrata K
- **Number of Students** : 4th year Bsc, 1st year Pbbsec, and 2nd year MSc

5th May is celebrated as 'International day of Midwives all over the world. On this occasion, the programme was organized by Society of Midwife India in collaboration with Symbiosis College of nursing and B.J Medical College and Sassoon General Hospital, at B.J Medical College and Sassoon General Hospital for all nursing students from different colleges from Pune. Guest Lecturer for the program was Ms. Bharati Suryawanshi from District Public Health Nurse, Sangli, NMPE, Maharashtra.

The programme began with welcome speech and continued with a prayer song. Lamp lighting was done by all the dignitaries on the Dias, followed by inauguration of the theme '*Together again: from evidence to reality*'. Later the audience moved towards the different skill stations.



Total 45 students from various batches (final year BBSec ,First year PBBSc , first and final year MSc nursing) of SVCON attended the workshop, Ms.Shraddhanjali B, Final year MSc nursing student participated in poster competition.

We the department of OBGY,SVCON were invited to conduct a skill station on "Management of first stage of labor" as per

NHM norms.,Total 300 students from various nursing schools and colleges attended the skill stations, Students were divided among ten groups and skills stations were demonstrated ten times. Dr.Manisha kadam ,Mrs.Nandita devi and Ms.Namrata Khandagle facilitated PV examination, partograph plotting and

identification of abnormal labor .



Mrs. Jasmine Jesy and Ms. Ashwini Mane demonstrated conduction of normal delivery and evidence based practices in management of first stage labor.



Other skill stations were conducted by the following facilitators

- 1- Preparation for child birth and preparation of labour room, by Ms. Anei Mathew and Team, Tehmi Grant Institute of Nursing Education, Pune
- 2- Integrative approach in managing, the parturient women, by Students of SCON, SIU

3- Active management of the of the third stage labour (AMTSL),by Dr. Kalpana Kamble and Team, B.J.Govt. Medical College.

4- Management of the Postpartum Hemorrhage as Per NHM norms, by Dr. Supriya Ray and Team, BV college of Nursing, Pune.

Delicious lunch was served and certificate was given to each participant.

'International day of Midwives programme adjourned at 04:00am.

On 6th May 2023 International day of Midwives was celebrated at Sadhu Vawsani College of Nursing, Sanctuary hall at 9.00am. the program was hosted by Ms.Priyanka ,student of FY MSc nursing,she delivered welcome speech followed by Theme was inaugurated by principal madam Dr.Sripriya Goplakrishnan and vice principal madam , Dr.Manisha Kadam. *'Together again: from evidence to reality'* the theme was explained by Ms.Ravina K and Ms.Shraddhanjali B 2nd year M Sc students,all batch students (BBSc,PBBSc and MSc nursing) attended the program. Later report reading was done by Mrs. Jasmine Jesy and Ms. Namrata K. The program come to an end at 9.45 am with vote of thanks delivered by Ms.Diplai,S,student, FY MSc nursing.



Prepared by Mrs.Jasmin Jesy J and Ms.Namrata K



Mrs. Shobha Patil
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Dr. (Mrs) Sripriya Gopalkrishnan
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SADHU VASWANI COLLEGE OF NURSING INTERNATIONAL NURSE'S DAY 2023

DATE & DAY - 12TH May 2023, Friday

International nurse's day is observed on 12th May every year worldwide. Nurse's day is celebrated on this day as birth anniversary of Florence Nightingale.

International Nurse's day was celebrated in Sadhu Vaswani College of Nursing on 12th May in sanctuary hall. Reception area was decorated with beautiful rangoli which included the theme of this year "Our Nurses Our Future" and theme chart was made by 2nd semester students.

Program started sharp at 9 am and was anchored by Ms. Smita Padale and Ms. Neha Beete. Program was initiated by a welcome song sung by 1st semester students, Ms. Prajwal and group, followed by lamp lighting and theme inauguration by respected Principal Dr Sripriya Gopalkrishnan and Vice Principal Dr Manisha Kadam.

Ms. Siddhi presented a PPT on the theme which was very informative, along with a video on empowering nurses. A fabulous dance was presented by 1st semester student, Ms. Sanika Pachbai depicting Ganesh Vandana.

Faculty and Students were addressed by Principal on enlightening and empowering future nurses.

Program ended by a vote of thanks given by Ms. Neha Beete, and snacks were distributed to students and teachers.





SIGNATURE OF PROGRAM COORDINATOR :

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SIGNATURE OF PRINCIPAL :

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SADHU VASWANI COLLEGE OF NURSING
NATIONAL SERVICE SCHEME
REPORT ON WORLD ENVIRONMENT DAY 9th JUNE 2023

- **NSS Officer I/C** : Mrs. Namita Patak
- **NSS assistant officer** : Ms. Namrata Khandagle
- **Venue** : Sanctuary Hall Sadhu Vaswani College of Nursing
- **Date** : 09th June 2023
- **Faculty accompanied** : All the SVCON Teacher
- **Number of Students** : All the Batches
- **Topic** : Making paper and cloth bags

On the account of World Environment day celebration department of Nursing Education and Research in collaboration with SNA and NSS unit of SVCON organized workshop on making paper and cotton bags for students and teachers.

World environment day is celebrated on 5th June 2023. The theme was inaugurated on screen by Vice-Principal Dr (Mrs) Manisha Kadam. The theme for this year was #Beat Plastic Pollution. The Onscreen inauguration was done to give the message of saving paper and presenting innovative ideas for theme inauguration apart from making poster for theme. After Theme inauguration Environment Volunteers of SNA Ms. Pooja More, S Y M.Sc Nsg and Ms.Anjali Bhaise Final Year B.Sc Nursing students explained the importance of World Environment Day and highlighted the effect of plastic pollution on land, water, air and humans through PowerPoint presentation. They sensitized the students regarding plastic pollution and imposing the Plastic free zone in SVCON campus. They requested all the students and teachers to use steel bottles, tiffins and spoons to prevent plastic pollution.



As the theme for World Environment Day Theme was # Beat Plastic pollution. The workshop on making paper bags and cloth bags was conducted on 9th June in sanctuary hall.

Mrs Varsha Mohite from Deepgrah Foundation was the trainer for the workshop. She demonstrated the preparation of paper bag and cloth bag and students also prepared at the same time.

The students enjoyed the workshop session by learning new creativity of making paper bags and cloth. This workshop helped them to learn the strategy for beating plastic pollution.

Dr Madhavi Ghorpade Thanked Mrs Varsha Mohite for training the students and teachers. Dr Sripriya, Principal, SVCON Felicitated and appreciated the workshop activity. After the workshop all the participants were given cold drink and they dispersed for lunch break.



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Dr. (Mrs) Sripriya Gopalkrishnan
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SADHU VASWANI COLLEGE OF NURSING

NATIONAL SERVICE SCHEME

INTERNATIONAL YOGA DAY CELEBRATION REPORT

- **NSS Officer I/C** : **Mrs. Namita Pathak**
- **NSS assistant officer** : **Ms. Namrata Khandagle**
- **Venue** : **Sadhu Vaswani College of Nursing.**
- **DATE** : **10th, 14th, 21st June 2023 and upcoming on 24th June 2023**

The International Day of Yoga' is observed on June 21st all around the world. In conjunction with Yoga Prana Vidya Foundation Trust Pune, NSS volunteers and teachers from Sadhu Vaswani College of Nursing commemorated this day. The celebration continued for a month on June 10, June 17, and June 24, 2023. Mr. Shweta N. Nayak discussed the need of practicing yoga regularly to stay in shape and enhance concentration. She also demonstrated numerous yoga techniques such as spirituality, meditation, pranayama, and energy healing. She also discussed how to understand the subtleties of how the physical and energetic bodies interact and how to use this energy for healing.

Dr. Manisha Kadam performed a number of "Asanas" on June 21, 2023, and the students imitated her. All of the participants engaged in some warm-up movements and performed standing and sitting asanas. Additionally, Ms. Bobade Krutika and Ms. More Vrushali received prizes for illustrating good yoga asanas.

Additionally, on June 21 at 11:30 a.m., the University Grants Commission had scheduled a series of webcast lectures on "Best Practises in Higher Education." The live session of this lecture series featuring Dr. I. V. Basavaraddi, Director of the Morarji Desai National Institute of Yoga in New Delhi, on the topic of "Importance of Yoga for Health".

The programme concluded with a vote of thanks.

On 10/06/2023



On 17/06/2023



On 21/06/2023



Pune, Maharashtra, India
195, Vasani Nagar, Koregaon Park, Pune, Maharashtra 411001,
India
Lat 18.534414°
Long 73.886677°
21/06/23 11:44 AM GMT +05:30

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195, Vasani Nagar, Koregaon Park, Pune, Maharashtra 411001,
India
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Brief Report of International Day of Yoga Conducted on 21 June 2023

**MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES,
NASHIK**

Name of the college: SADHU VASWANI COLLEGE OF NURSING
KOREGAON PARK, PUNE 411001

Region: - Mumbai/Pune/ Uttar Maharashtra/Vidarbha/Marathwada

1. Morning Yoga demo (~~7:00 am~~ ^{11:30} to ^{12:30 pm} 8:00 am) was conducted: - Yes/No
2. Number of participants in the morning demo:- 50
3. Name of Yoga teacher who conducted the morning demo: Ms. Shweta N Nayak & Dr Manisha Kadam.
4. Name of the Asanas and Pranayama conducted during the morning demo:-
 - a) Tadasan, Vajrasana, Pawanmuktasan
 - b) Vrikshasana, Kapal bhuti
 - c) Trikonasana, Suryanamaskara
 - d) Bhujangasana, Shavasana
5. Name of the best participant in the Morning Yoga Session: Ms. Bobade Krutika
Ms. More Urushi
6. Was the Participant Felicitated :- Yes/No
7. Whether Yoga exhibition was conducted at College:- Yes/No
8. Whether banners/ poster were displayed in campus about awareness of yoga:- Yes/No
9. Whether essay competition was conducted: - Yes/No
10. Number of prize winning participants: —
11. Topics of the essay given: —
12. Name of the prize winners & topics of the essay: —
13. Any other Activity conducted for awareness of yoga: Every Saturday Yoga Prana Vidhya Foundation Trust took different
14. Relevant photographs of Morning Demo of action taken report and other photographs yoga techniques
Of the day: - Yes/ No
15. Soft copy of photographs & report sent by email:- Yes/ No

College Coordinator:

Name: Namita. Patil

Signature: Patil

Designation: Asso. prof.

Phone: 9325364824.

Incharge of Institutes:

Name: Dr. Sripriya. G.

Signature: Dr. Sripriya. G.

Designation: Principal

Phone: 9960473414

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SADHU VASWANI COLLEGE OF NURSING
NATIONAL SERVICE SCHEME

REPORT ON WORLD BLOOD DONATION DAY 14TH JUNE 2023

- NSS Officer I/C : Mrs. Namita Patak
- NSS assistant officer : Ms. Namrata Khandagle
- Venue : Sanctuary Hall Sadhu Vaswani College of Nursing
- Date : 14th June 2023
- Faculty accompanied : Ms. Namrata Khandagle
- Number of Students : 1st semester BSc Nursing students

The Sadhu Vaswani College of Nursing students made a commitment to raise awareness and promote frequent, unpaid voluntary blood donation on the occasion of World Blood Donation Day. It was discussed why it is vital to donate blood and which populations require it frequently.



Namita Patak

Asst. NSS Programme Officer

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Namrata Khandagle

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SADHU VASWANI COLLEGE OF NURSING

NATIONAL SERVICE SCHEME

INTERNATIONAL DAY AGAINST DRUG ABUSE & ILLICIT TRAFFICKING
REPORT

- **NSS Officer I/C** : **Mrs. Namita Pathak**
- **NSS assistant officer** : **Ms. Namrata Khandagle**
- **Venue** : **Yerwada Vegetable Market.**
- **DATE** : **24th June 2023.**

"International Day against Drug Abuse & Illicit Trafficking" is commemorated annually on June 26. In order to raise public awareness of the dangers of drugs, MUHS and the Narcotics Control Bureau initiated action. Nasha Mukti Bharat Abhiyan will be observed, according to the NCB unit.

On June 24, 2023, from 10:30 am to 12:00 pm, the Sadhu Vaswani College of Nursing and the Don Bosco Youth Centre organized a rally and a lecture on a drug-free India. The event was held at the Yerwada vegetable market, and the daily wage workers were given lectures about the negative effects of drug or alcohol abuse and how it can destroy families as well as strategies for overcoming it. Slogans and placards were prepared for the same and used effectively. A member from the crowd shared his experienced as he also had a family history of alcohol abuse due to which he faced social issues like poverty, unemployment, disturbed family and had low socio-economic status and were not able to meet the daily needs of children's as a whole. Students and teacher took initiative and educated him about alcoholism and its ill effect and how to overcome all these social issues.

The rally ended successfully the public appreciated the effort and try to avoid any substance abuse.





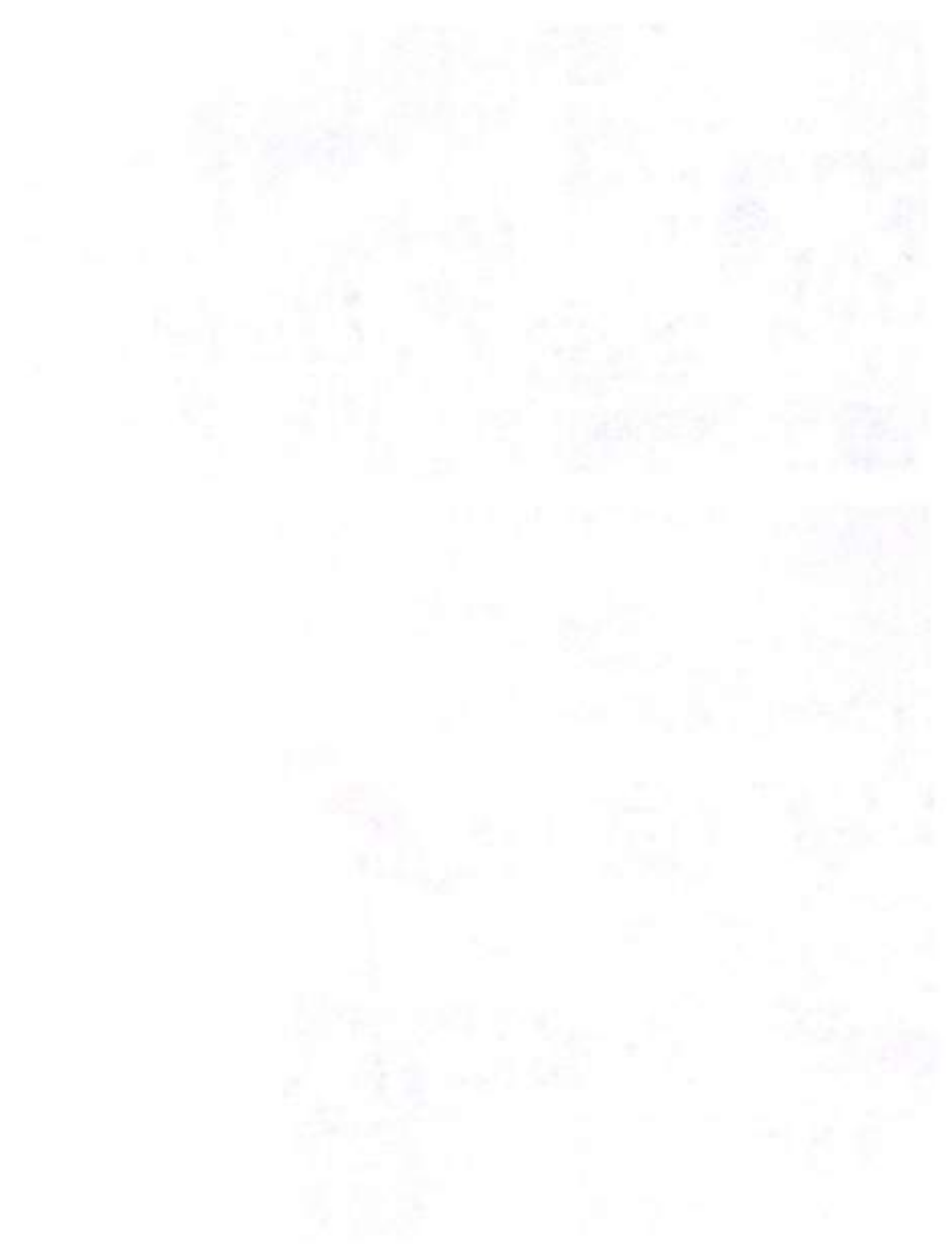
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Sign of NSS Assistant Programme Officer

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Sign Of Principal

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 Koregaon Park, Pune-1.



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SADHU VASWANI COLLEGE OF NURSING
NATIONAL SERVICE SCHEME
REPORT ON WORLD POPULATION DAY 2023

- **NSS Officer I/C** : Mrs. Namita Patak
- **NSS assistant officer** : Ms. Namrata Khandagle
- **Venue** : Sanctuary hall, Sadhu Vaswani College of Nursing
- **Date** : 11th July 2023
- **Faculty accompanied** : All the SVCON Teacher
- **Number of Students** : All the Batches

World Population day is observed on 11th July every year worldwide. World Population Day is observed annually to raise awareness and educate individuals about the challenges and consequences associated with global population growth.

World Population day was celebrated in Sadhu Vaswani College of Nursing on 11th July in sanctuary hall. The theme of this year "Unleashing the Power of gender equality: Uplifting the voices of women and girls to unlock our world's infinite possibilities". The theme chart was made by Final M Sc Nursing students.

Program started at 9:00 am. Introduction of the program was given by Dr Samruddhi Bhakare ; Anchor for the program was Mrs Jessy Joseph. Program was initiated by Inauguration of the theme by respected Principal, Dr Sripriya Gopalkrishnan and Vice Principal, Dr Manisha Kadam.

Second Post BBSc Nursing students - Ms. Larrisa and Ms. Ratnantika presented the topic and related Video on – World Population day, which was very informative. Faculty and Students were addressed by Principal on the problems due to population explosion and role of health team members and their important contribution towards solution for population explosion.

Program ended at 10.00 am with a vote of thanks by Mrs. Jessy Joseph.





Namrata Khandagle

Ms. Namrata Khandagle
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Sripriya Gopalkrishnan

Dr. (Mrs) Sripriya Gopalkrishnan
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SADHU VASWANI COLLEGE OF NURSING

BREAST FEEDING DAY 2023

- **NSS Officer I/C** : Mrs. Namita Patak
- **NSS assistant officer** : Ms. Namrata Khandagle
- **Venue** : Sanctuary Hall Sadhu Vaswani College of Nursing
- **Date** : 07th Aug 2023
- **Faculty accompanied** : All the SVCON Teacher
- **Number of Students** : All the Batches

World Breastfeeding Week is held worldwide in the first week of August every year, supported by WHO, UNICEF and many Ministries of Health and civil society partners. Sadhu Vaswani College of Nursing celebrated Breast feeding day on 7th August 2023, in sanctuary hall.

Theme for this year is 'Let's make breast feeding at work, work'.

Program started at 9:00 am. Introduction of the program was given by Dr Samruddhi Bhakare.

Topic presentation was done by FYMSc N student Ms. Supriya Sonawane

SVCON- Child Health Nursing department is conducting a Certificate Course on 'Breast Feeding and Lactation Management' in collaboration with ECHO India w.e.f 14.07.2023 to 13.10.2023. Participants from all over India are undergoing this training.

Details attached.

Faculty and Students were addressed by Principal on the importance of Breast feeding and correlated well with the theme.

Program ended at 10.00 am with a vote of thanks by Dr Samruddhi Bhakare.





Namrata Khandagle

Ms. Namrata Khandagle
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Sripriya Gopalkrishnan

Dr. (Mrs) Sripriya Gopalkrishnan
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SADHU VASWANI COLLEGE OF NURSING
NATIONAL SERVICE SCHEME
REPORT ON INDEPENDENCE DAY CELEBRATION AUGUST 2023

- **NSS Officer I/C** : Mrs. Namita Patak
- **NSS assistant officer** : Ms. Namrata Khandagle
- **Venue** : Sadhu Vaswani College of Nursing ground.
- **Date** : 15th August 2023
- **Faculty accompanied** : All the SVCON Teacher
- **Number of Students** : All the Batches

77th Independence Day was celebrated with great enthusiasm and respect at Sadhu Vaswani college of Nursing. The ceremony started 8:00am in the college open ground with a crowd of staff and students.

The chief guest was escorted by the Principal Dr (Mrs) Sripriya Gopalkrishnan, Dr Manisha Kadam and student volunteers.

The chief guest for the programme was Dr Darshan Mulchandani

Mrs. Supriya C and Mrs. Supriya S 1st year M Sc students welcomed the gathering and introduced the chief guest. NSS volunteers and students performed a spectacular parade and the troop was led Ms. Ansumol. To commemorate the sovereignty of our nation, the chief guest unfurled the tricolor flag and all the students and teachers saluted the national flag and then in unison sang the National Anthem and expressed the joy of our freedom. Later, the **choir group presented the patriotic song.**

Chief guest in his speech stressed the significance of the historic day, keep pride for our nation and protect our environment.

The programme concluded with the vote of thanks by Mrs. Jasmin Jesy, Associate Professor, SVCON.

At the end refreshments were arranged for all.





Namrata Khandagle

Ms. Namrata Khandagle
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Sripriya Gopalkrishnan

Dr. (Mrs) Sripriya Gopalkrishnan
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**SADHU VASWANI COLLEGE OF NURSING
NATIONAL SERVICE SCHEME
COMMUNITY HEALTH DEPARTMENT
REPORT ON POSHAN AHAAR MONTH CELEBRATION**

- **NSS Officer I/C** : Mrs. Shobha Patil
- **NSS assistant officer** : Ms. Namrata Khandagle
- **Venue** : Sadhu Vaswani College of Nursing ground.
- **Date** : 1 to 30 SEPTEMBER 2022
- **Faculty accompanied** : Ms. Ashwini Mane, Ms. Siddhi Pisal
- **Number of Students** : 20

Poshan ahaar month was celebrated all over worldwide from 1 to 30 September 2023. The community health nursing department in collaboration with NSS team of Sadhu Vaswani College of Nursing took a lead to celebrate this month as every year. The following activities were conducted during this month, on 11 September 2023 "Healthy food awareness campaign" During this campaign students went to rural community area nearby at Loni Kalbhori and conducted a small seminar and exhibition on healthy food awareness. Among school children of ZP school Loni Kalbhori.

Students also conducted healthy food awareness camp for ANC mothers at PHC Loni Kalbhori on 17 September 2023.

Students got an opportunity to attend an exhibition on healthy food recipes conducted by village bachat gat groups of ladies on 21 September 2023.



Overall the campaign was very informative and helpful for common public to strengthen themselves nutritionally

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Koregaon Park, Pune-1.**



SADHU VASWANI COLLEGE OF NURSING
NATIONAL SERVICE SCHEME

REPORT ON WORLD SUICIDE PREVENTION DAY & ALZHEIMER'S DAY CELEBRATION
SEPTEMBER 2023

- NSS Officer I/C : Mrs. Namita Patak
- NSS assistant officer : Ms. Namrata Khandagle
- Venue : Regional mental hospital and Dada Vaswani Auditorium.
- Date : 14th, 15th and 16th September 2023
- Faculty accompanied : All the SVCON Teacher
- Number of Students : 3rd year Bsc students All the Batches
-

Suicide prevention day is observed on 10th September every year worldwide. It was celebrated on 14th and 15th September, 2023 at Regional Mental Hospital Yerwada, Pune. The patient and relatives who were present in the OPD were given Health talk followed by Role play and emergency help line number was informed and displayed to the patients and relatives.

On 16th September a session on the theme was arranged in Dada Vaswani Auditorium SVCON from 10:30 am to 12:30 pm. The theme for this year was "Creating Hope Through Action"

The agenda for the programme was as follows:

- Lamp lightening
- Theme addressing
- Session on Suicide by Dr. Harinakshi S Gosavi and Mr. Sanjay Jadhav.
- Open session for clarification of doubts
- Role play
- Vote of thanks

It is a tradition to *light a lamp* first before starting any auspicious events or rituals. Lamp lighting was done by Principal Dr. (Mrs.) Sripriya Gopalkrishnan, Guest speaker Dr. Harinakshi S Gosavi and Mr. Sanjay Jadhav, Professor Mrs. Manisha Kadam and HOD of psychiatry department of our college Mrs. Anita Khandagle followed by the inauguration of the theme.

After this theme presentation was done by Mrs. Supriya Chakara Lecture was taken by Dr. Harinakshi S Gosavi (Consultant of Psychiatry Medicine) from Regional Mental Hospital yerwada, Pune on Suicide, its Symptom, Treatment and Prevention. she gave various examples during the session. This Session was very useful and informative. Sir also clarified students doubts related to the topic.

Third year students performed Role play on 'causes and preventive measures of suicide' which was appreciated by the principal and guest speaker.

A token of appreciation was given to the guest speaker from the college.

Programme ended with a vote of thanks given by NSS volunteer Mrs. Supriya Ahakre, Aton

ALZIEMER'S DAY CELEBRATION (21/9/2023)

Theme: "Never too early, never too late"

Theme presentation was done by the NSS volunteers in Dada Vaswani Auditorium Sadhu Vaswani College of Nursing. Also performed role play on Alzhiemer to create awareness among the nursing students about 'Alzhiemer' which can be applied in the practical field.





Ms. Namrata Khandagle
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SADHU VASWANI COLLEGE OF NURSING
NATIONAL SERVICE SCHEME

• REPORT ON WORLD MENTAL HEALTH WEEK CELEBRATION – 2023

- **NSS Officer I/C** : Mrs. Shobha Patil
- **NSS assistant officer** : Ms. Namrata Khandagle
- **Venue** : Sadhu Vaswani College of Nursing Building.
- **Date** : 9th to 12th October 2023
- **Faculty accompanied** : All the faculty
- **Number of Students** : All batches

Every year, 10th October is celebrated as World Mental Health Day. World Mental Health Day holds vital importance as it fills in as the main global platform exclusively devoted to mental health awareness. The yearly program was founded to reveal insight into psychological illness and its significant effect on people, their work, families, and the general strength of communities and countries.

MEMBERS OF MENTAL HEALTH NURSING DEPARTMENT

1. Mrs. Anita Khandagle, HOD
2. Mrs. Prema S, Lecturer
3. Ms. Namrata Khandagle, Clinical Instructor
4. Ms. Neha Bite, Clinical Instructor

Day 1- 09/10/2023: 9 – 9.30 am

- Theme was inaugurated by Dr. Sripriya Gopalkrishnan, Principal and Dr. Manisha Kadam, Vice Principal. Theme for the year 2023: 'Mental Health is a Universal Human Right' by World Health Organization (WHO)





- PPT on theme was presented by Ms. Ansumol & Ms. Sanika Shinde, III Yr B. Sc Nsg. They narrated what are the rights in relation to mental health and WHO initiative to maintain mental health among all the individuals. They insisted to improve diagnosis, increase awareness, and streamline steps that help and defend the psychological wellness of all, underlining that it is a principal human right.
- Mrs. Anita K, HOD explained about Mental health week celebration activities to be conducted from 09/10/23 – 12/10/23 and inaugurated the Emotion board.

EMOTION BOARD

- Emotion board was kept near the reception. Faculty and students were instructed to express their emotions every day



POSTER COMPETITION

- 11 students from II & III semester participated in poster competition conducted by Maharashtra Institute of Mental Health, Pashan on 09/10/23 at 1 - 3pm. Their effort was appreciated.



ELOCUTION COMPETITION

- Elocution competition was conducted for students on 09/10/23 at 3 - 4pm to improve their confidence and communication skills, including speaking fluency, articulation, clarity, and voice modulation.
- Venue was Dada Vaswani auditorium. There were total 10 participants.
- Judges were Mrs. Jaya John Varghese – Associate Professor & HOD of Child Health Nursing Department & Mrs. Ujjwala Murkute – Associate Professor & HOD of Medical Surgical Nursing Department

Winners were

III Prize -

Ms. Rutuja Ambadkar, I Semester B. Sc Nsg



II Prize

Ms. Prajwal Kharat, II Semester B. Sc Nsg



I Prize

- Ms. Sakshi Jagale, III Semester B. Sc Nsg



Day 2- 10/10/2023: 11.30 am – 3.30 pm

- Mental health awareness program on Mental Health Impact on Education & Empowerment of students, which was organized by Punekar in Balagandharv Auditorium, JM road.
- Topics for discussion were as follows:
 - Balancing Act: Mental well-being for aspiring civil servants – Mr. Avinash Dharmadhikari, Ex-IAS & Founder of Chanakya Mandal Parivar
 - Nurturing creative minds: Balancing passion and mental wellbeing – Dr. Rishi Acharya, Dean Pai Veda College
 - Balancing ambition and mental wellbeing: Strategies for JEE/NEET aspirants - Dr. Lalit Kumar, IIT Bombay Alumnus & Founder of Prime Academy
 - Panel discussion on Youth & distress: Navigating the challenges



- Dr. Sripriya Gopalkrishnan Principal, Mrs. Anita Khandagle, HOD of Mental Health Nursing department & Mrs. Prema S, Lecturer attended the program.
- Due to some reason, students were not able to attend.

DAY 3 - 11/10/2023: 10.30am – 5.00pm

“HEALTHY MIND HEALTHY YOU” WORKSHOP

Four sessions were conducted under the workshop. Twenty six III year Basic B. Sc, Six II year PB B. Sc & one II year M. Sc Nursing students were involved in organizing and conducting the workshop.



Sessions were as follows

S. No	Title	Faculty Incharge	Student Incharge
1	Clap therapy	Ms. Namrata Khandagle	Ms. Sanika & Group, III year B. Sc Nursing
2	Diet in Mental Health	Mrs. Prema S	Ms. Supriya Chakre (I year M. Sc) & group, III year B. Sc Nursing
3	Cognitive games (Rubik cube, Word power, Box game & Memory game)	Ms. Neha Bite	Ms. Ansumol & group, III year B. Sc Nursing
4	Relaxation Garden	Mrs. Anita Khandagle	Ms. Nikita & Group, III year B. Sc Nursing

I. Clap Therapy

This session was conducted by Ms. Namrata Khandagle, clinical instructor assisted by Ms Sanika and Group, III year Basic B. Sc Nursing students. Six different techniques of clap therapy were demonstrated.

Participants were instructed to follow the steps. Each technique was repeated for 15 times. It lasts for 10 minutes. They felt energetic, positive and upbeat mood after the clap therapy.



II. Diet in Mental Health

This session was conducted by Mrs. Prema S, Lecturer assisted by Ms. Supriya Chakre I year M. Sc & Ms. Krishnaveni & group, III year B. Sc Nursing. They explained about importance of diet in mental health and evidence based practice related to diet was also discussed. Session was very knowledgeable and informative.



III. COGNITIVE GAMES

This session was conducted by Ms. Neha Bite, clinical instructor assisted by Ms. Ansumol & group, III year B. Sc Nursing. There were four tables arranged and each is for Rubik cube, Word power, Box game & Memory game respectively. Participants had actively taken part in all four games. They turned back to their childhood. They were insisted to continue playing cognitive games during their leisure time to improve their memory, attention and concentration, social skills and encourage problem solving.



IV. RELAXATION GARDEN

This session was conducted by Mrs. Anita Khandagle, Associate Professor assisted by Ms. Nikita & group, III year B. Sc Nursing. Participants were informed to follow instructions and relax themselves first. Then they were motivated to feel the nature and sounds which was around them. They were made to sit in silence for 10 minutes. They felt relaxed and peaceful. They were encouraged to spend some time in garden to reduce their daily hassles.



Participants

- Each session was for 10 minutes and had 15 – 20 participants and conducted 10 times in rotation. Every batch took 40 minutes to complete all four sessions.

Schedule for participants to attend

S. No	Time	Class
1	10:30am – 11.10am	I semester B. Sc Nursing I year M. Sc Nursing
2	11:00am – 11.40am	III semester B. Sc Nursing
3	11:30am – 12.10pm	Teachers
4	12:00n – 12.40pm	IV odd batch II year M. Sc Nursing Nonteaching staff
5	1:00 – 1.40pm	II semester B. Sc Nursing
6	2:00 – 3.00pm	Staff Nurses from I & B hospital, F & B Heart Institute & KK Eye institute
7	3:00 – 3.40pm	I PBBSc Nursing
8	3.30 – 4.10pm	II PBBSc Nursing

Total participants attended the workshop

S. No	Category	No. of participants
1	Students	148
2	Teaching Faculty	25
3	Non Teaching Faculty	6
4	Staff nurses KK Eye Institute	8
5	Optometry students	6
TOTAL PARTICIPANTS		193

HEALTHY REFRESHMENTS

II year PB B. Sc Nursing students prepared delicious and mouth watering sprout salad. At the end of all sessions, sprout salad was served to all the participants as a healthy diet.



FEEDBACK ABOUT WORKSHOP

Feedback was taken from the participants. 40 Responses received.

Overall remark was

- Excellent presentation
- Very well organized and creative efforts taken by the students
- Felt relaxed after attending all sessions
- Felt energetic
- Good team effort
- Relaxation garden was so peaceful

Appreciation

Students of III Basic B. Sc, II PB B. Sc & I M. Sc Nursing were appreciated for their hard work and tireless effort in organizing and conducting the various activities and celebrating mental health week, 2023.

Report of Mental Health Week celebration was presented by Mrs. Prema S, Lecturer on 12/10/2023 at 9 – 9.30 am. Our Respected Principal, Dr. Sripriya Gopalkrishnan enlightened the students and faculty about importance of mental health and encouraged the students to express their emotions appropriately and stay positive. Madam also appreciated the effort taken by Mental Health Nursing department for creating awareness on mental health and made this mental health week celebration successful.



Mrs. Anita Khandagle, HOD of Mental Health Nursing department delivered vote of thanks and concluded the mental health week celebration.

Prepared By

Mrs. Prema S, Lecturer

Mrs. Shobha Patil
Signature Of Programme Officer

NSS Programme Officer
Sadhu Vaswani College of Nursing
10-10/1, Koregaon Road,
Pune - 411 001.

Dr. (Mrs) Sripriya Gopalkrishnan
Signature Of Principal

PRINCIPAL
Sadhu Vaswani College
of Nursing
Koregaon Park, Pune-1.



SADHU VASWANI COLLEGE OF NURSING
REPORT ON NATIONAL UNITY DAY CELEBRATION
NATIONAL SERVICE SCHEME

- **NSS Program officer** :Ms. Shobha Jagdale
- **Faculty** : All the faculty members.
- **Venue** :Sanctuary hall, SVCON, Pune.
- **Number of student** :100
- **Date** : 31st October

On the occasion of "Sardar Vallabhai Patel's Jayanti" National Integration Day is celebrated all over the country on 31st October . NSS unit of SVCON had also planned for a short programme on the same. The programme included welcome speech, speech on Sardar Vallabhai Patel, pledge on national integration. The program came to an end by vote of thanks. The NSS volunteers actively participated in the programme. The programme was conducted well.



SIGNATURE OF PROGRAMME OFFICER

NSS Programme Officer
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10-10/1, Koregaon Road,
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SIGNATURE OF PRINCIPAL

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Sadhu Vaswani College
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Koregaon Park, Pune-1.



SADHU VASWANI COLLEGE OF NURSING
NATIONAL SERVICE SCHEME 2023
REPORT ON AIDS AWARENESS PROGRAMME

- **NSS Officer I/C** : Mrs. Shobha Patil
- **NSS assistant officer** : Ms. Namrata Khandagle
- **Venue** :Sanctuary Hall, Dada Vaswani Auditorium Sadhu Vaswani College of Nursing and NARI center.
- **Date** : 1st Dec to 5th Dec 2023
- **Faculty accompanied** : Mrs. Shobha Patil at NARI All the SVCON Teacher
- **Number of Students** : All the Batches

1st December is celebrated as 'World Aids Day'.The department of Medical Surgical Nursing and NSS Unit of Sadhu Vaswani College of Nursing, Pune conducted World AIDS Awareness week 2023 from 1st Dec to 5th Dec 2023. The theme for this year announced by WHO is 'Let communities lead'. On 1st Dec III Semester B.Sc. Nursing students has conducted AIDS Awareness Street play at National AIDS Research Institute Pune and at Rajiv Gandhi Hospital Yerwada.

On 2nd Dec at 9.00 a.m. at Sadhu Vaswani College of Nursing, Pune AIDS Awareness Programme has started with a welcome speech by Mrs.UjjwalaMurkute, HOD Medical Surgical Nursing department. She welcomed the Principal, teachers and students.She talked about the HIV/AIDS, and introduced the agenda topicsto the audience. The theme was inaugurated by Principal and Vice Principal. The theme presentation was done by Mrs.Ujjawala Dudhane and Ms.Poonam Dhaigude and The role play was conducted by III Semester B.Sc.Nursing students followed by theme based Quiz conducted by Mrs. Pragati Aware Programme has concluded by Principal's speech followed by vote of thanks by Mrs. Rupali Pethe.

On 5th Dec23, college had organized guest lecture by Dr. Abhilit Kadam, Scientist D,NARI. The topic was current Govt strategies to combat HIV/AIDS. He gave in depth information about major prevention strategies, current ARV therapy protocols, monitoring of HIV patients and community outreach activity undertaken by NARI. The session was full of practical insights, how to handle social issues, real world hurdles while dealing with HIV AIDS patients. Dr. Abhijit also shared the information and current protocols regarding post exposure prophylaxis for different population. It was really a very informative and enlighting session for faculty and students of SVCON.





Prepared By: Mrs.Ujjawala Dudhane(Veer) & Ms.Sneha Kakade

Mrs. Shobha Patil
 Signature Of ~~Asst.~~ Programme Officer
NSS Programme Officer
 Sadhu Vaswani College of Nursing
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 Pune - 411 001.

Dr. (Mrs) Sripriya Gopalkrishnan
 Signature Of Principal
PRINCIPAL
 Sadhu Vaswani College
 of Nursing
 Koregaon Park, Pune



SADHU VASWANI COLLEGE OF NURSING

REPORT ON 75th REPUBLIC DAY CELEBRATION 2024

- | | |
|--------------------------------|---------------------------------|
| • NSS OFFICER I/C | : - Mrs Shobha Patil |
| • NSS assistant officer | : - Ms Namrata Khandagle |
| • Venue | :- SVCON ground |
| • Date | :- 26/01/2024 |
| • Time | : - 07:40 am to 08:40 am |
| • Faculty accompanied | :All the SVCON Teacher |
| • Number of Students | : All the Batches |

75th Republic Day was celebrated with great enthusiasm and respect at Sadhu Vaswani college of Nursing. The ceremony started 8:00am in the college open ground with a crowd of staff and students.

The chief guest was escorted by the Principal Dr (Mrs) Sripriya Gopalkrishnan, Administrative Officer and student volunteers.

The chief guest for the programme was Dr Arjun Viegas Senior consultant, Department of Orthopaedics Inlaks & Budhrani hospital Pune

Ms. Sneha K and Ms. Ashwini M Faculty SVCON welcomed the gathering and introduced the chief guest. NSS volunteers and students performed a spectacular parade and the troop was led by Ms. Ansumol. To commemorate the sovereignty of our nation, the chief guest unfurled the tricolour flag and all the students and teachers saluted the national flag and then in unison sang the National Anthem and expressed the joy of our freedom. Later, the choir group presented the melodies patriotic song, followed by a dance for azadi performed by 4th Semester students.

On this occasion prize distribution was done for the best employee of the year, Mrs Shital and Mrs. Manisha won the employee of the year and cash prize was give to all the 4th class workers

Chief guest in his speech stressed the significance of the historic day, keep pride for our nation and protect our environment.

The programme concluded with the vote of thanks by Dr Mrs. Manisha Kadam, Vice-Principal, SVCON.

At the end refreshments were arranged for all.



Shi

Mrs Shobha Patil
NSS Programme Officer

NSS Programme Officer
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 10-10/1, Koregaon Road,
 Pune - 411 001.

Dr

Dr (Mrs) Sripriya Gopalkrishnan
PRINCIPAL

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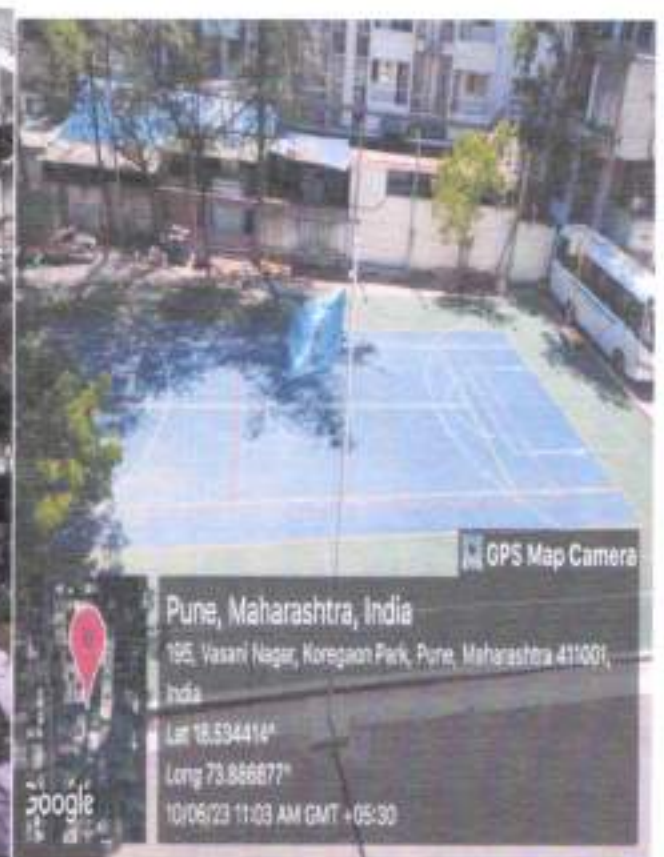
SADHU VASWANI COLLEGE OF NURSING

REPORT ON MUHS FOUNDATION DAY 2023 10TH JUNE

- **NSS Officer I/C** : Mrs. Namita P
- **NSS assistant officer** : Ms. Namrata K
- **Venue** : Sadhu Vaswani College Of Nursing basketball court.

The Foundation day of the Maharashtra University of Health Sciences was commemorated at 10am on 10th of June by the NSS unit of the Sadhu Vaswani College of Nursing. The NSS volunteers Ms. Ansumole and Ms. Nikita provided a quick overview of MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES. Dr. Sripriya Gopalkrishnan, the Principal of Sadhu Vaswani College of Nursing, Hoisted the flag. Volunteers, teachers, and non-teaching staff then sung the anthem song for the Maharashtra University of Health Sciences. Programme completion was a success.





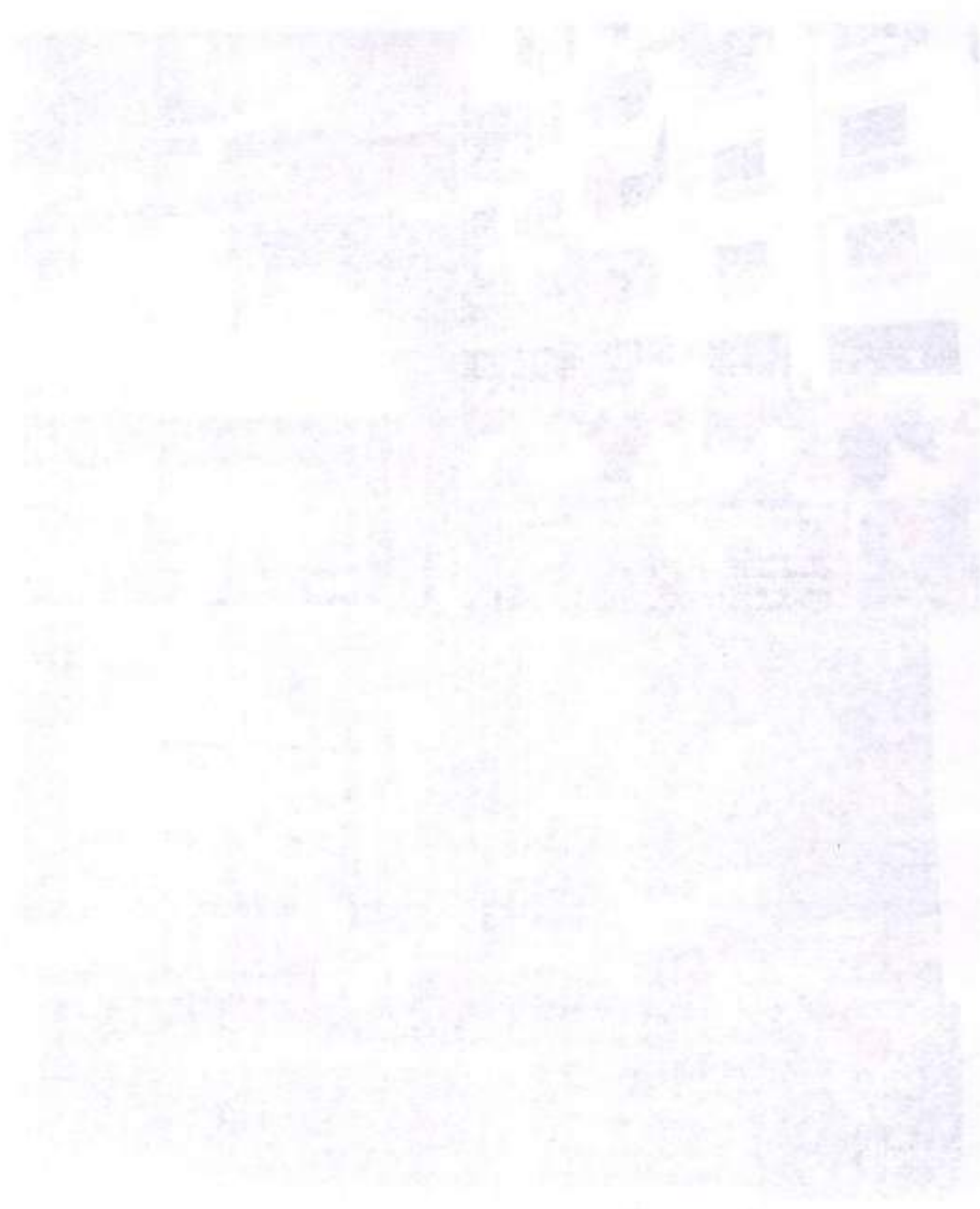
Sign of NSS Assistant. Programme Officer

NSS Programme Officer
 Sadhu Vaswani College of Nursing
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 Pune - 411 001.



Sign Of Principal

PRINCIPAL
 Sadhu Vaswani College of Nursing
 Koregaon Park, Pune-1



1901-1902

1901-1902

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1901-1902



Sadhu Vaswani College of Nursing

10-10/1, Koregaon Road, Pune 411001

MUHS College Code: 6209003, JNC College Code: 1903021

Dr. Sripriya Gopalkrishnan

Principal

Tele No. 020-66099999 Extn: 960 /020- 26124354

Email id: svcon2006@gmail.com ; Website: www.svcollegeofnursing.org

Letter No. SVCON/GC/381 /2023

Date: 18-05-2023

To
The Registrar
Dr Rajendra Shivaji Bangal
M.B.B.S, M.D.(Forensic Medicine),D.N.B,L.L.B,
MUHS Dindori Road Mhasrul,
Nashik-422004

Subject:- Tree plantation program report.

On the occasion of 25th foundation day of the Maharashtra University of Health Sciences, as per circular no. 37/2023 dated 11.05.2023, Sadhu Vaswani College of Nursing taken initiative to plant 25 saplings of Neem tree, Banyan tree, Peepal tree, Ashoka tree and Lemon tree on 18/05/2023.

The program was carried out in the college campus under the guidance of Principal Dr. Sripriya Gopalkrishnan and Vice-principal Dr. Manisha Kadam. All teaching faculty members were present for the same. Ms. Neha Bite and Ms. Pratima Mohite, Clinical Instructor, explained the importance of tree plantation and the medicinal use of these trees to the students. They understood and agreed that plants can bring a wealth of benefits in our life. They showed their interest to participate in this program.

The First year B.sc nursing (1st sem) students actively participated in this program, their coordinator Mrs. Vanshika Joshi, and other first year faculty members: Ms. Smita Padale and Ms. Komal Awsare helped them in selecting and purchasing saplings. Students were also guided by teachers in selecting places and in preparation of pits for tree plantation.

After tree plantation, two students for each tree are made responsible to take further care of those trees.

- Following are the details of tree plantation program.

Tree plantation: on the occasion of 25 th foundation day of University Sadhu Vaswani College of Nursing		
Sr. No.	Name of the tree planted	Number of tree planted
1.	Neem tree	12
2.	Peepal tree	03
3.	Banjan tree	03
4.	Ashoka Tree	04
5.	Lemon tree	03

- PHOTOS:





GPS Map Camera



Pune, Maharashtra, India

Sadhu Vaswani College of Nursing, 10-10/1, Koregaon road, near St. mira's college/ Taj hotel, Pune 411001, Maharashtra, India
Lat 18.535214°
Long 73.886452°
18/05/23 12:56 PM GMT +05:30




GPS Map Camera



Pune, Maharashtra, India

Sadhu Vaswani College of Nursing, 10-10/1, Koregaon road, near St. mira's college/ Taj hotel, Pune 411001, Maharashtra, India
Lat 18.535214°
Long 73.886452°
18/05/23 12:46 PM GMT +05:30




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SADHU VASWANI COLLEGE OF NURSING

REPORT OF INTERNATIONAL WOMEN'S DAY CELEBRATION 2024

NATIONAL SERVICE SCHEME

- **NSS Program officer** :Ms. Shobha Jagdale
- **Faculty** : All the faculty members.
- **Venue** :Dada Vaswani Auditorium, SVCON, Pune.
- **Number of student** :100
- **Date** : 8th March 2024

“There’s something so special about a woman who dominates in a man’s world. It takes a certain grace, strength, intelligence, fearlessness and the nerve to never take no for an answer.”

– Rihanna

We, the department of Obstetrics and Gynecological nursing, in collaboration with the SVCON NSS unit, organized and celebrated International Women’s Day on 8th March 2024 at Dada Vaswani auditorium. The planning started a week before and decided to celebrate the female parents of SVCON students and staff.

On 8th March at 10.30 am the event started with a felicitation of a guest with a rose and greeting cards. After all guests arrive in the auditorium, the hosts gave a welcome address and the college song was sung by all the audience. To invoke God’s and our Gurus blessing lamp lighted by Dr. Sripriya Gopalkrishnan (Principal, SVCON), Dr. Manisha Kadam (vice-Principal,SVCON), Mrs. JayaJohn (Asso. prof.SVCON), Mrs. Jasmine Jesy J(Asso. prof.SVCON), Mrs.Georgekutty (parent) and Ms. Ansumol (SNA vice president). Followed by Ms. Sanika P III semester B.Sc. student performed classical dance as Guru Vandana.

The International Women’s Day theme of the year 2024 was inaugurated by principal and vice principal madam followed by students of final year M.Sc. nursing presented, theme-based power point. To entertain the gatherings, some cultural activities were performed by SVCON students and games were organized, invitees actively participated as well. Finally, the time came for the core reason behind celebrating the day with women parents. Dr. Manisha Kadam delivered an informative session regarding women’s health, common health issues of women, how to manage such issues with a healthy lifestyle, why women need to prioritize their health as well.

On the same day Women's day was also celebrated as a part of NSS special camp activities at Wankhaldwadi village. A small cultural programme was organized by volunteers enlighten on women empowerment and health.





GPS Map Camera
Kandroli Tarf Wankhal, Maharashtra, India
V7H7+9P, Kandroli Tarf Wankhal, Maharashtra 410202, India
Lat 18.87867°
Long 73.263965°
08/03/24 08:12 PM GMT +05:30

Mrs Shobha Patil
NSS Programme Officer

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